



Nirmala Memorial Foundation College of Commerce and Science

**Permanently Affiliated to University of Mumbai
Accredited by NAAC, ISO 9001-2015 Certified
Recognised under section 2(f) & 12(B) of the UGC Act 1956**

D.S. Road, Asha Nagar, Thakur Complex, Kandivali (East), Mumbai – 400 101. Tel.: 022 69436400

3.4

Extension Activities



Nirmala Memorial Foundation College of Commerce and Science

**Permanently Affiliated to University of Mumbai
Accredited by NAAC, ISO 9001-2015 Certified
Recognised under section 2(f) & 12(B) of the UGC Act 1956**

D.S. Road, Asha Nagar, Thakur Complex, Kandivali (East), Mumbai – 400 101. Tel.: 022 69436400

3.4.1

Outcomes of Extension activities in the neighbourhood community in terms of impact and sensitizing the students to social issues for their holistic development during the last five years



Nirmala Memorial Foundation College of Commerce and Science

Permanently Affiliated to University of Mumbai
Accredited by NAAC, ISO 9001-2015 Certified
Recognised under section 2(f) & 12(B) of the UGC Act 1956

D.S. Road, Asha Nagar, Thakur Complex, Kandivali (East), Mumbai – 400 101. Tel.: 022 69436400

3.4.1

Index

Sr. No.	Particular	Link
1	Outreach Program Count	Click Here
2	List of Outreach Activities conducted during the last five years	Click Here
3	Photos of Outreach Activities Year Wise <ul style="list-style-type: none">• 2018-19• 2019-20• 2020-21• 2021-22• 2022-23	Click Here

3.4.3.1: Number of extension and outreach Programs conducted in collaboration with industry, community and non - government organization through NSS/NCC etc., year wise during the last five years

Year	2018-19	2019-20	2020-21	2021-22	2022-23
Number	27	45	15	19	31

**List of Outreach Activities conducted
during the last five years**

Year	Sr.No	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Number of students participated in such activities
2018- 19	1	Pulse polio immunization	BMC	NSS	24
	2	Beach cleaning	Kushiya Foundation	NSS	15
	3	Blood Donation Camp	Lions club and Meenatai Thackery Blood bank	NSS	80
	4	AIDS awareness campaign	RRC - MDAC	NSS	2
	5	Share with care for Kolhapur relief fund	Goonj NGO	NSS	15
	6	Visit to old age home	Nityanand Orphanage	NSS	15
	7	Visit to orphanage	Nityanand Orphanage	NSS	15
	8	Teaching at slum on daily basis	Poisar, Kandivali - E	NSS	80
	9	Paper and cloth bag making and distribution	Thakur College	NSS	70
	10	Session on blind faith for Ashram School	ANIS	NSS	10
	11	Distribution of stationery, games and clothes	Belvadi	NSS	20
	12	Computer literacy training	Bhakti vedant hospital and research centre	NSS	15
	13	Tree Plantation at Manori	Manori	NSS	10
	14	Distribution of Solar lamps and fans	Belvadi, Palghar	NSS	20
	15	Soak Pit and Bandara	Belvadi, Palghar	NSS	25
	16	Traffic controlling during Ganpati Visarjan	Samta Nagar Police station	NSS	60
	17	Road Safety week celebration	Thakur Complex	NSS	20
	18	Rakshabandhan celebration	Blind home	NSS	15
	19	Distribution of 6 water wheels to Adivasis of Asangaon and 2 water purifier at Palghar	Lions club of Mahavir Nagar	NSS	18
	20	Skit Performance	Thakur Complex	NSS	10
	21	Cleanliness drive	Beach warriors	NSS	15
	22	Distribution of trees	Belvadi, Palghar	NSS	10
	23	Rally for Anti-tobacco Campaign	Thakur Complex	NSS	80
	24	Collection of Plastic	Bisleri	NSS	20
	25	Stem cell donor registry	MDRI	NSS	25
	26	Poster making competition	College campus	NSS	10
	27	Seminar on Healthy Diet Habits	College Auditorium	WDC	60

Year	Sr.No	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Number of students participated in such activities
2019 - 20	1	Poisar Teaching	Poisar area	NSS	100
	2	Teaching hygiene habits to street children	Dattani Park	NSS	90
	3	Dattani Survey	Dattani Park	NSS	85
	4	Polio Immunization Drive	BMC	NSS	8
	5	Health And Hygiene Skit	Kasturba Hospital	NSS	9
	6	Saksham Project	Poisar	NSS	25
	7	Hanuman Jayanti Volunteering	P.P.Gagangiri Ashram, Manori	NSS	8
	8	Beach Cleaning	Juhu Chowpatty	NSS	6
	9	Avhaan Camp	University of Mumbai	NSS	1
	10	World Vitiligo Day	Aarus Foundation	NSS	7
	11	Share With Care Drive	College	NSS	5
	12	Donation of old clothes, stationery, toys at Malad	Appapada, Malad	NSS	10
	13	Tree Plantation	Manori	NSS	20
	14	Street Play Competition	Streets of Thakur Complex	NSS	10
	15	Thanksgiving Day	Borivali	NSS	20
	16	Raksha Bandhan Celebration	Blind home	NSS	14
	17	Ganpati Immersion (Crowd Controlling)	Samta nagar police station	NSS	10
	18	Survey of Women's Status in Society	Thakur complex and village, Kandivali	DLLE	25
	19	Skit on Gender Sensitization	Aarus Foundation	NSS	4
	20	Street Play On Tuberculosis	Streets of Thakur Complex	NSS	5
	21	Session On Girls Hygiene	BMC School, Samta Nagar, Thakur Complex	NSS	2
	22	Road Safety Awareness	Thakur Complex	NSS	50
	23	Cloth Bag On Exchange Of Plastic	Poisar, Kandivali - East	NSS	14
	24	Visit to Orphanage	Nityananda Orphanage	NSS	15
	25	Visit to Oldage home	Citizen Welfare	NSS	15
	26	Plastic Mukta Kalina	University of Mumbai	NSS	11
	27	Blood Donation Camp	Lions club & Meenatai Thackery Blood bank	NSS	58
	28	Traffic Controlling (Voting)	Samta Nagar, Thakur Complex	NSS	22

Year	Sr.No	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Number of students participated in such activities
	29	Donation Of Chunri	Goonj NGO	NSS	4
	30	Diwali Celebration	Anam Prem Foundation	NSS	2
	31	Bhai Dooj	Anam Prem Foundation	NSS	5
	32	Participation in Udaan – University Level Competition	University of Mumbai	DLLE	10
	33	Childrens Day Celebration (Poisar And Roti Ghar)	Roti Ghar NGO	NSS	6
	34	Wall Painting	Z.P.School, Belvadi	NSS	15
	35	Share with care	College and Belvadi Village at Palghar	NSS	10
	36	Bandara Making	Belvadi Village at Palghar	NSS	50
	37	Soak pit making	Belvadi Village at Palghar	NSS	15
	38	Session on Blind faith for villagers	Belvadi Village at Palghar	NSS	10
	39	Session for women associated with SHG	Belvadi Village at Palghar	NSS	5
	40	Paper Bag Demonstration	College campus	NSS	90
	41	Plastic Collection In College	Bisleri	NSS	50
	42	Poster Making	College campus	NSS	1
	43	Donation for Kolhapur Relief	College campus	NSS	6
	44	Webinar on Gender equality and COVID 19	Online	WDC	80
	45	Stem cell donor registry	MDRI	NSS	17
2020- 21	1	Ration for 1 month was provided to 10 families	Belvadi Village at Palghar	NSS	7
	2	Around 25 blankets were distributed to underprivileged children.	Sai dham, Kandivali East	NSS	4
	3	Around 50 kg of plastic was submitted to Bisleri company under project "Bottles for Change".	Bisleri Company	NSS	8
	4	3 volunteers were involved in teaching 5 students from Palghar district over the phone	Seva Foundation	NSS	3
	5	Volunteers were involved in feeding stray animals and made shelter for them.	Borivali	NSS	1

Year	Sr.No	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Number of students participated in such activities
	6	Volunteers planted trees in their society	Andheri to Mira Road	NSS/DLLE	15
	7	Coconut Collection during Navratri	Gorrai Beach	NSS/DLLE	7
	8	Poster Making on Social Awareness	Social networking sites	NSS	5
	9	Food Distribution during Covid-19	Thakur complex	NSS	1
	10	Wall Painting	Kandivali	NSS	15
	11	100 masks were made by volunteers and same were distributed to needy	Virtually	NSS	14
	12	Videos were made about how to wash hands and making of sanitizer at home	Virtually	NSS	10
	13	Posters spreading awareness about COVID -19 was uploaded on social networking sites	Virtually	NSS	18
	14	Home Made Sanitizer	Virtually	NSS/DLLE	3
	15	Covid-19 Awareness Videos	Virtually	NSS/DLLE	8
2021-22	1	Skits on social issues	Streets of Thakur Complex	NSS	12
	2	Setting of library in adopted village	Belvadi village, Palghar	DLLE	50
	3	Medical Check up camp	Belvadi village, Palghar	NSS	25
	4	Soak pits	Belvadi village, Palghar	NSS	15
	5	Women's day (Sanitary Pad Distribution)	Inner wheel club	NSS/DLLE	15
	6	Rakshabandhan Celebration	Police force	NSS/DLLE	15
	7	Beach cleaning	Juhu beach	NSS/DLLE	20
	8	Tree Plantation (02)	Ramgad	NSS/DLLE	10
	9	Cloth bag distribution	Thakur Complex, Kandivali	NSS	12
	10	Haldi KumKum Celebration	Kalmacha Pada	NSS	16
	11	Visit to Nature Conservation Project	Kalmacha Pada, Ramgad	Nature's club	10
	12	Feeding stray dogs	Borivali	NSS	2
	13	Marathi Divas Celebration	Belvadi Village, Palghar	NSS	15
	14	School Gardening	Belvadi Village, Palghar	NSS	10

Year	Sr.No	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Number of students participated in such activities
	15	Vaccination Drive (03)	BMC	NSS	25
	16	Making and distribution of Paper bags	Virtually	NSS	15
	17	Plastic collection for Recycling	Bisleri Company	NSS	10
	18	Share with care	College campus	NSS	15
	19	E - Waste Collection	THRECO	Nature's club	10
2022 - 23	1	Skits on social issues	Streets of Thakur Complex	NSS	30
	2	Wall Painting	Z.P.School, Palghar	NSS	30
	3	Poisar Teaching	Poisar, Thakur Complex	NSS	100
	4	Setting up of toy library	Z.P.School, Palghar	NSS	35
	5	Plastic collection for Recycling	Bisleri Company	NSS	40
	6	Placing tree guard	Z.P.School, Palghar	NSS	10
	7	Rakshabandhan Celebration	Don Bosco Boys Home	NSS	15
	8	Beach Cleaning (02)	Juhu Beach	NSS/DLLE	70
	9	Tree Plantation (02)	Ramgad	NSS/DLLE	25
	10	Crowd controlling during Ganpati Visarjan	Samta Nagar Police Station	NSS	50
	11	Distribution of grocery, eatables, clothes and stationery (02)	Aappapada, Malad	NSS	15
	12	Blood Donation Camp	Lions club & Meenatai Thackery Blood bank	NSS	80
	13	Leadership Training Camp	NSS Cell, University of Mumbai	NSS	2
	14	Medical Check up Camp	Saphale	DLLE	15
	15	Volunteered for TATA Marathon in collaboration with Child Help Foundation	BKC	NSS	35
	16	UDAAN Festival	University of Mumbai	DLLE	20
	17	Bone Marrow Registry Drive	MDRI	NSS	20
	18	Making and distribution of Paper bags	College	NSS	40
	19	Share with care	College campus	NSS	25
	20	Home Gardening	Inner wheel club	EDC	50
	21	Cloth bag distribution	College campus	NSS	10
	22	E - Waste Collection	THRECO	Nature's club	30

Year	Sr.No	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Number of students participated in such activities
	23	Kitchen waste compost	Mini Auditorium	Nature's club	25
	24	Exhibition	I am able	DLLE	4
	25	Rakhi Exhibition cum sale	Asmita Foundation	WDC	12
	26	Seminar on Awareness on Menstrual Products	Innerwheel Club	WDC	50
	27	Workshop on self defense	College basement	WDC	40
	28	Seminar on Health and Hygiene	Mini auditorium	WDC	50
	29	Diya selling and Decoration	College basement	DLLE	10
	30	Selling and making of Farbic Jewellery	College basement	DLLE	5
	31	Sneha Milan	College Auditorium	DLLE	30

Photos of Outreach Activities Year Wise

Outreach Extension Activities 2018 - 19



Pulse polio immunization



Beach Cleaning



Blood Donation Camp



AIDS awareness campaign



Share with care for Kolhapur relief fund



Visit to Orphanage



Donation of Massage Chair to Nityanande old age home



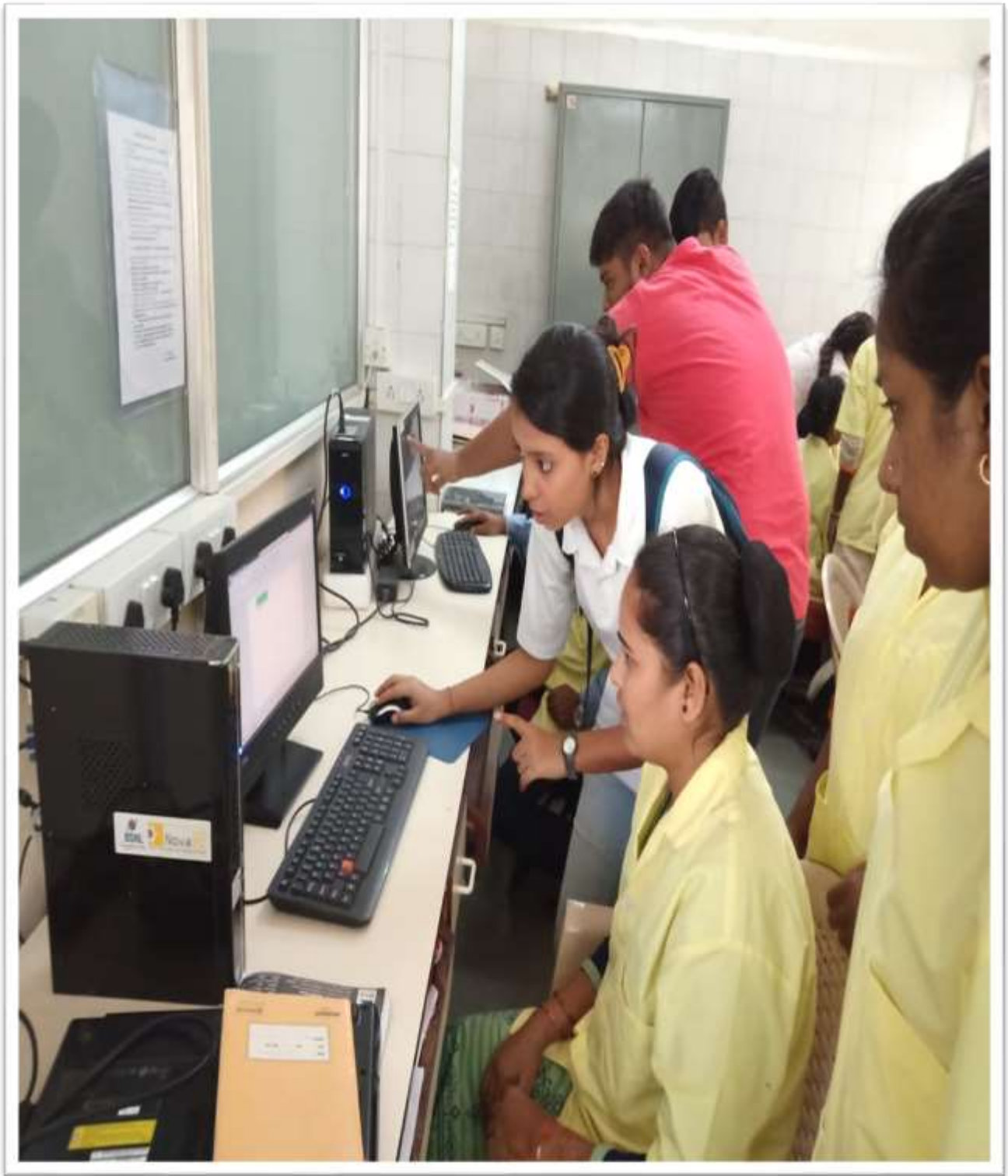
Teaching at slum on daily basis at Poisar



Paper bag distribution at Thakur Complex



Share with care



Computer literacy training



Traffic controlling during Ganpati



Construction of Soak Pit



Bandara Making at Belvadi Village



Performing skit on Social Issues



Celebration of Road Safety Week



Distribution of trees



Rally on Tobacco Addiction



Distribution of 6 water wheels to Adivasis of Asangaon and 2 water purifier at Palghar



Rakshabandhan celebration with Blind home



Distribution of Solar lamps



Plastic collection drive in collaboration with Bisleri



Stem Cell Registry Drive



Poster Making Competition



Seminar on Healthy Diet Habits

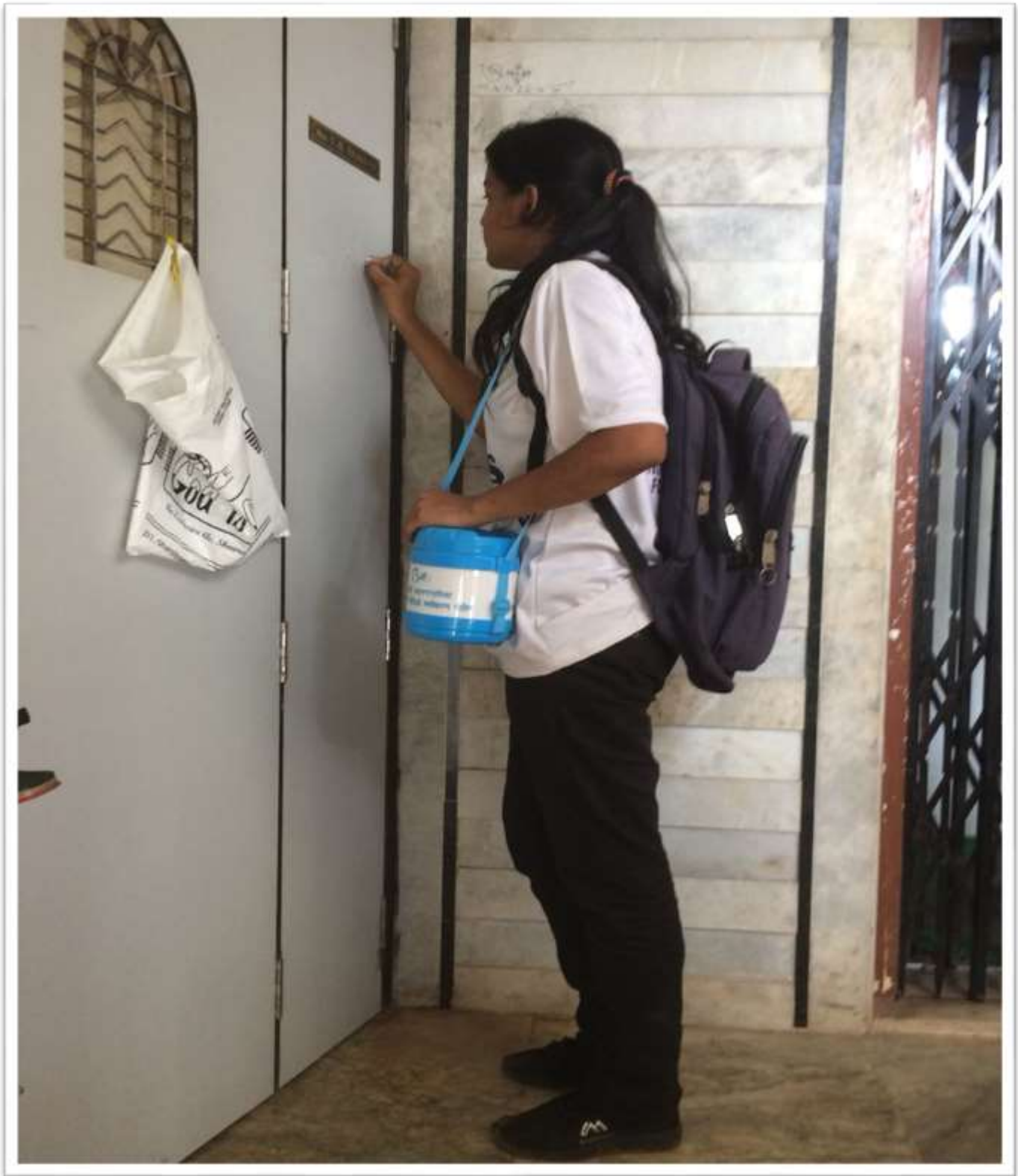
Outreach Extension Activities 2019 - 20



Poisar Teaching



Teaching hygiene habits to street children



Polio Immunization Drive



Skit on Health and Hygiene

NIRMALA MEMORIAL FOUNDATION COLLEGE OF COMMERCE AND SCIENCE
KANDIVALI (EAST) – MUMBAI - MAHARASHTRA

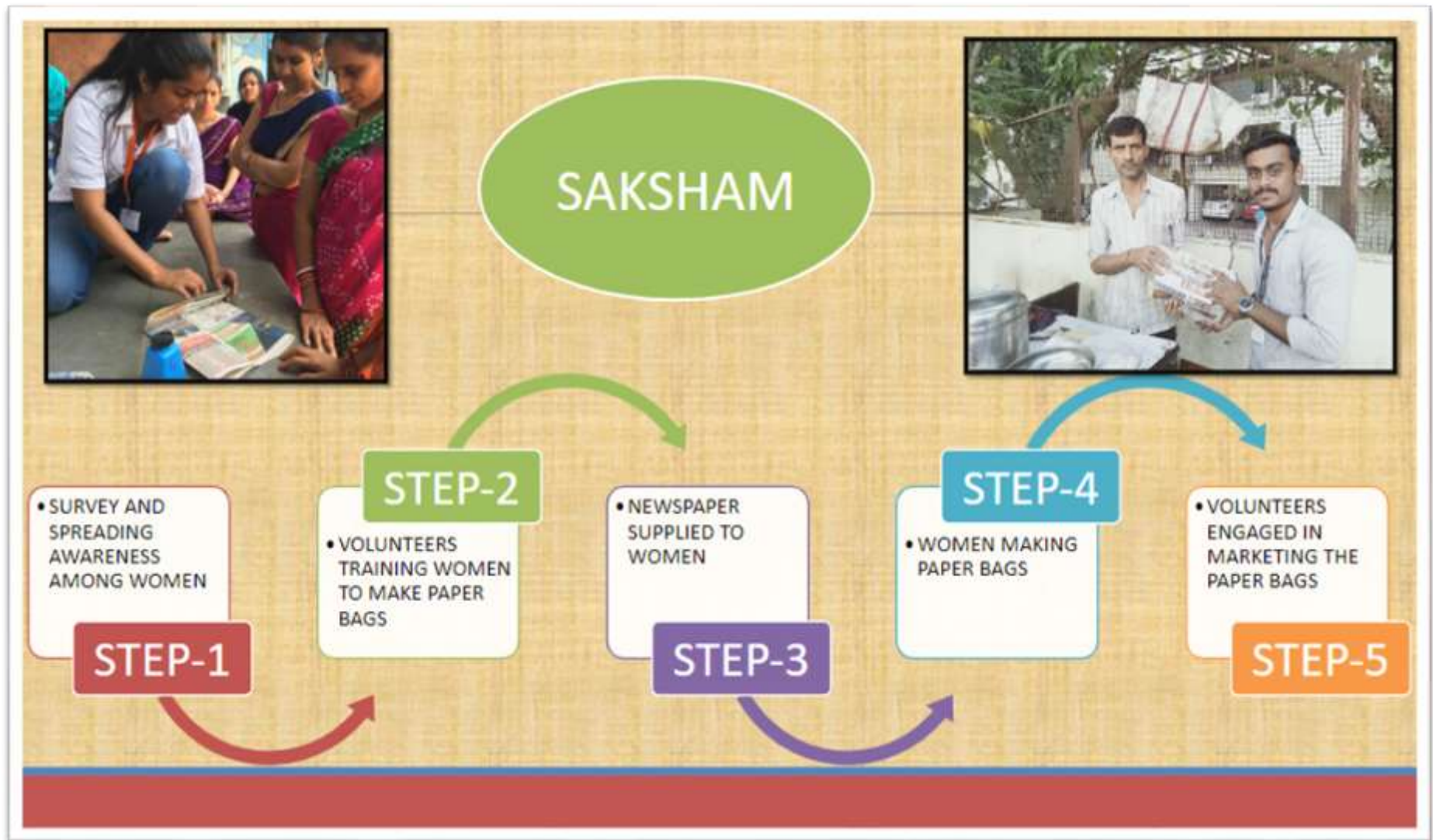


Beach cleaning



World Vitiligo Day Celebration

NIRMALA MEMORIAL FOUNDATION COLLEGE OF COMMERCE AND SCIENCE
KANDIVALI (EAST) – MUMBAI - MAHARASHTRA



Project Saksham



Thanks giving to Class 4 employees



Collection and Donation of Chunri



NSS - Rakshabandhan Celebration with special children



Mr. Atharv Parab at Avhaan Camp



Tree Plantation at Manori



Blood Donation Camp



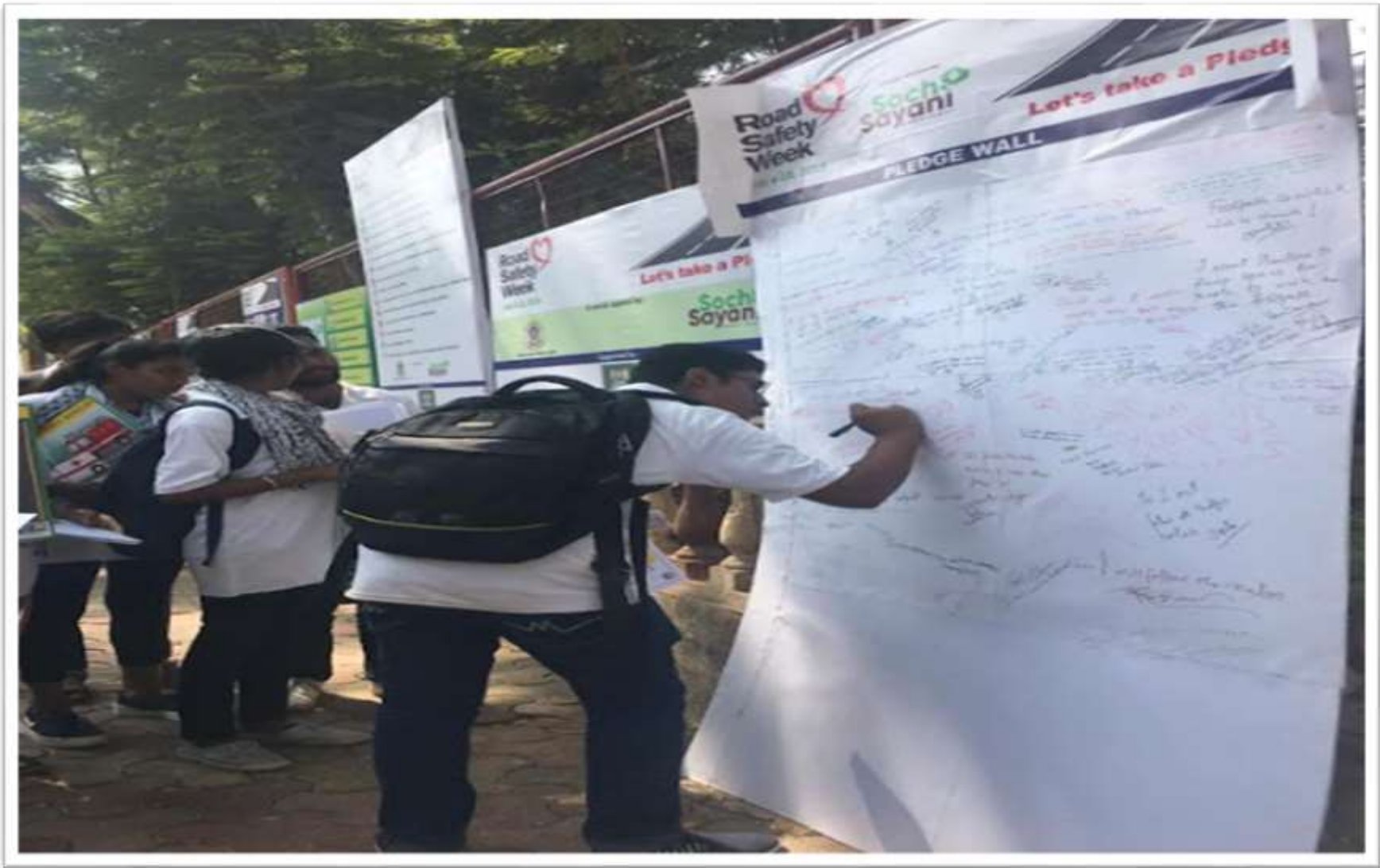
Visit to Oldage Home - Citizen Welfare Society



Visit to Orphanage home



Session on Self Defence



Initiatives for Road Safety Awareness



Wall Painting at Belvadi



Share with care at Belvadi

NIRMALA MEMORIAL FOUNDATION COLLEGE OF COMMERCE AND SCIENCE
KANDIVALI (EAST) – MUMBAI - MAHARASHTRA



Bandara Making at Belvadi



Session on Blind Faith for Ashram School at Belvadi



Session for women associated with SHG



Cloth Bag On Exchange Of Plastic



Children's Day Celebration



Christmas Day Celebration





Participation in Udaan Festival of University of Mumbai



Survey undertaken to know the status of women



Traffic Controlling during Ganpati Visarjan



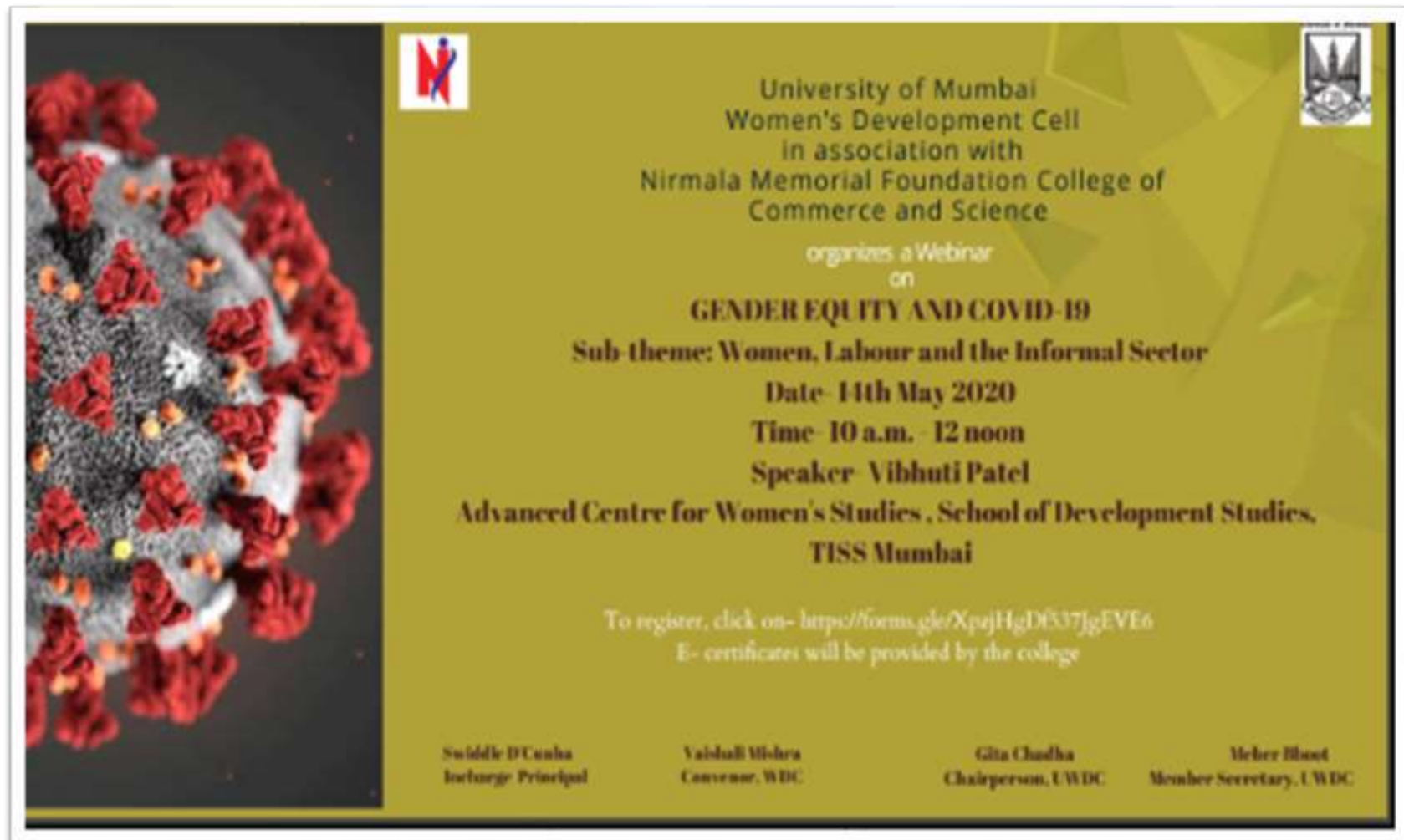
Paper bag making and distribution



Poster Making Competition



Donation Drive for Kolhapur Relief



The poster features a large, detailed 3D model of a coronavirus particle on the left side, showing its characteristic red and orange surface proteins and grey core. The background is a light green with a subtle geometric pattern. Logos for the University of Mumbai and Nirmala Memorial Foundation are in the top corners. The text is centered and provides details about the webinar, including the date, time, speaker, and registration information.

University of Mumbai
Women's Development Cell
in association with
Nirmala Memorial Foundation College of
Commerce and Science
organizes a Webinar
on
GENDER EQUITY AND COVID-19
Sub-theme: Women, Labour and the Informal Sector
Date- 14th May 2020
Time- 10 a.m. - 12 noon
Speaker- Vibhuti Patel
Advanced Centre for Women's Studies, School of Development Studies,
TISS Mumbai
To register, click on- <https://forms.gle/XpuzHgDE37JgEVE6>
E- certificates will be provided by the college

Swiddle D Cunha
Incharge Principal

Vaishali Mishra
Convener, WDC

Gita Chaudha
Chairperson, UWDC

Meher Bhasit
Member Secretary, UWDC

Webinar on Gender equality and COVID 19



Bone Marrow Registry Drive



Plastic collection during college functions

Outreach Extension Activities 2020 - 21



Ration for 1 month was provided to 10 families



Blanket Donation to the street children



Submitted plastic to Bisleri under “Bottles for Change” initiative



Volunteers involved in feeding stray dogs during COVID - 19



Coconut collection drive



Food Distribution during COVID - 19



Wall Painting at Kandivali



Volunteers involved in teaching activity in collaboration with Seva Sahayog Foundation

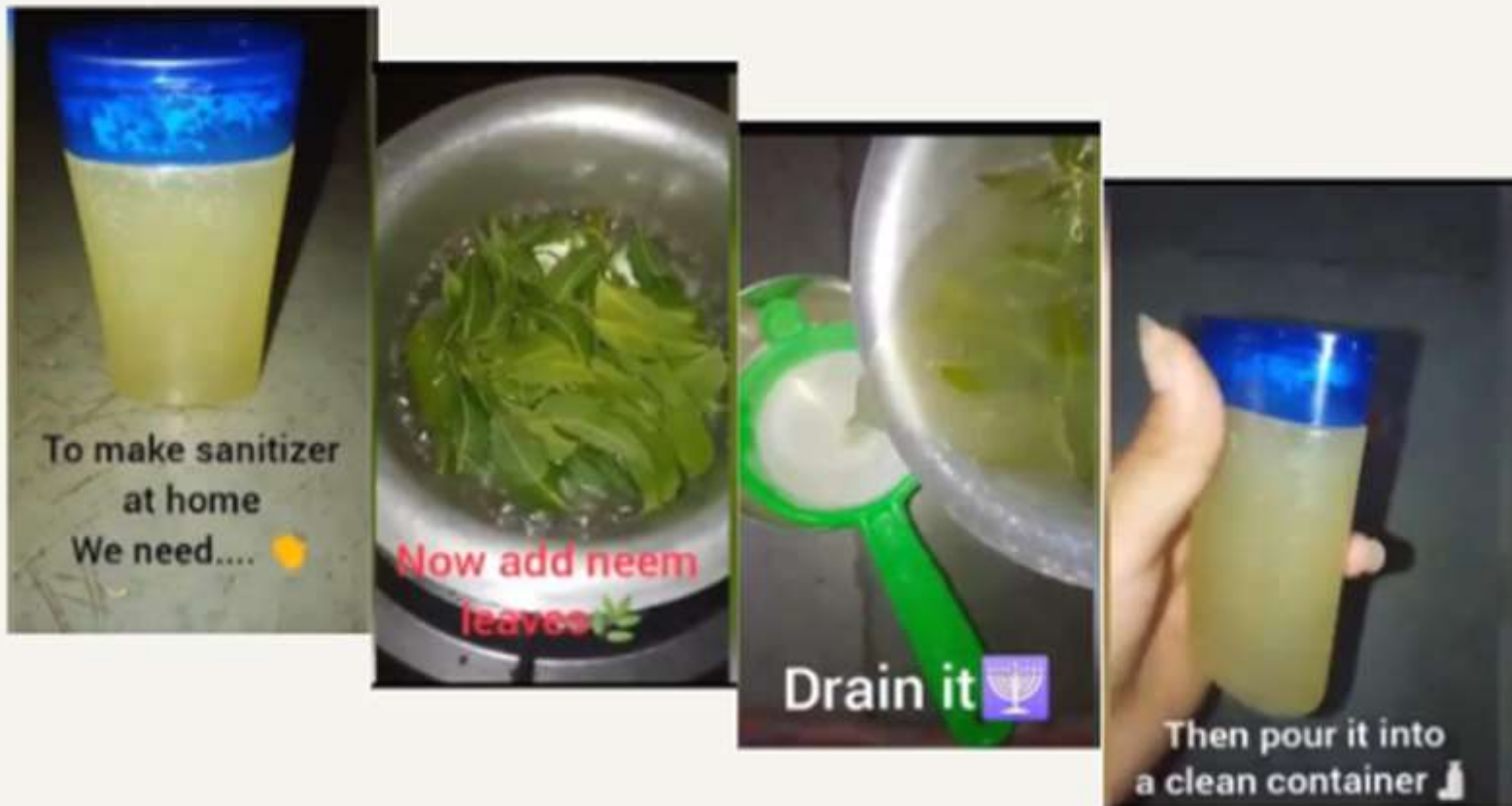


Volunteers participating in various competitions



Teaching at slum on daily basis at Poisar

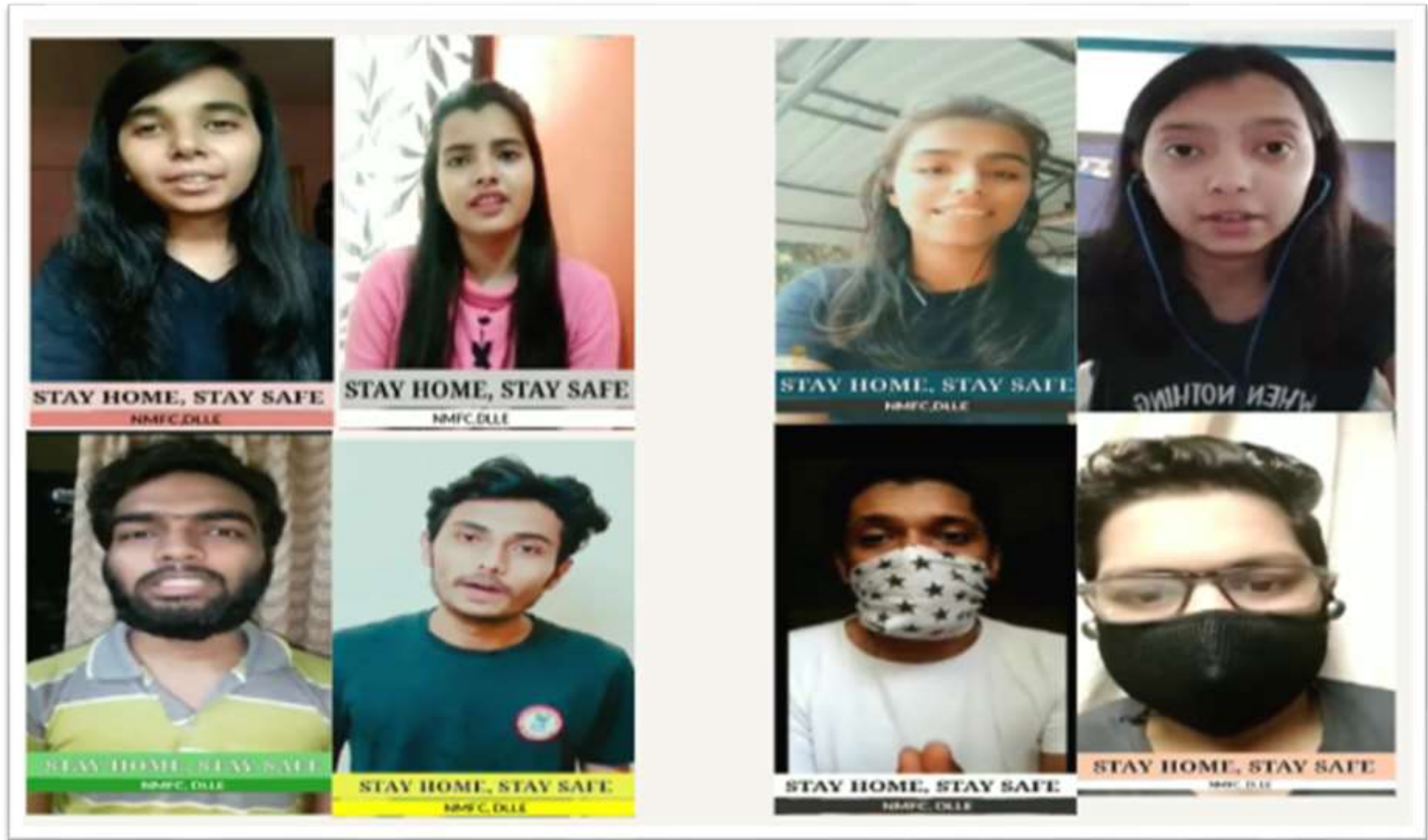
Sanitizer made by Neem , Kapoor , Alovera Gel.



Videos were made about how to wash hands and making of sanitizer at home



Videos were made about how to wash hands and making of sanitizer at home



COVID - 19 Awareness Videos



EXHIBITION-CUM-SALE

- DLLE Volunteers had put stalls of handicrafts made by tribal women of Palghar, the products and the sales went above Rs.30,000.
- This boosted the business and confidence of tribal businesswomen.



Exhibition cum sale for handicrafts made by Adivasi women

Outreach Extension Activities 2021 - 22



Rakshabandhan Celebration with Police Force



Share with care



Children's Day Celebration



Blood Donation Camp



Skit on Social Issues



Distribution of Sanitary Napkins



Feeding of Stray Dogs



Visit to Nature Conservation Project



Plastic collection and submitted for recycling



E - Waste Collection



Soak Pit Making at Belvadi



Marathi Bhasha Divas at Ashram School



Setting up of Library at Ashram School in Belvadi



Medical check up camp at Belvadi



Beach Cleaning



Vaccination Drive - (03)



Making and Distribution of Paper bags

Outreach Extension Activities 2022 - 23



Rakshabandhan Celebration



Distribution of grocery to Aappapada



On 24th April, 2022
at Carter Road, Bandra



On 4th June 2022 at
Juhu Beach



On 17th September 2022 at Carter
Road, Bandra

Beach Cleaning



Sapling Donation at Manori



**BLOOD BAGS
COLLECTED = 189**



NSS Volunteers of Nirmala Memorial Foundation College conducted a BLOOD DONATION CAMP in collaboration with LIONS CLUB on 22nd August, 2022.

Blood Donation Camp



Placing Tree Guard at Usgaon



Wall Painting for Ashram School at Usgaon



Medical Check Up Camp at Saphale



Skit Performance on Social issues in nearby vicinity



Skit Performance at Udaan Festival





Setting up of Toy Library



Share with care Drive



Raksi Exhibition cum sale



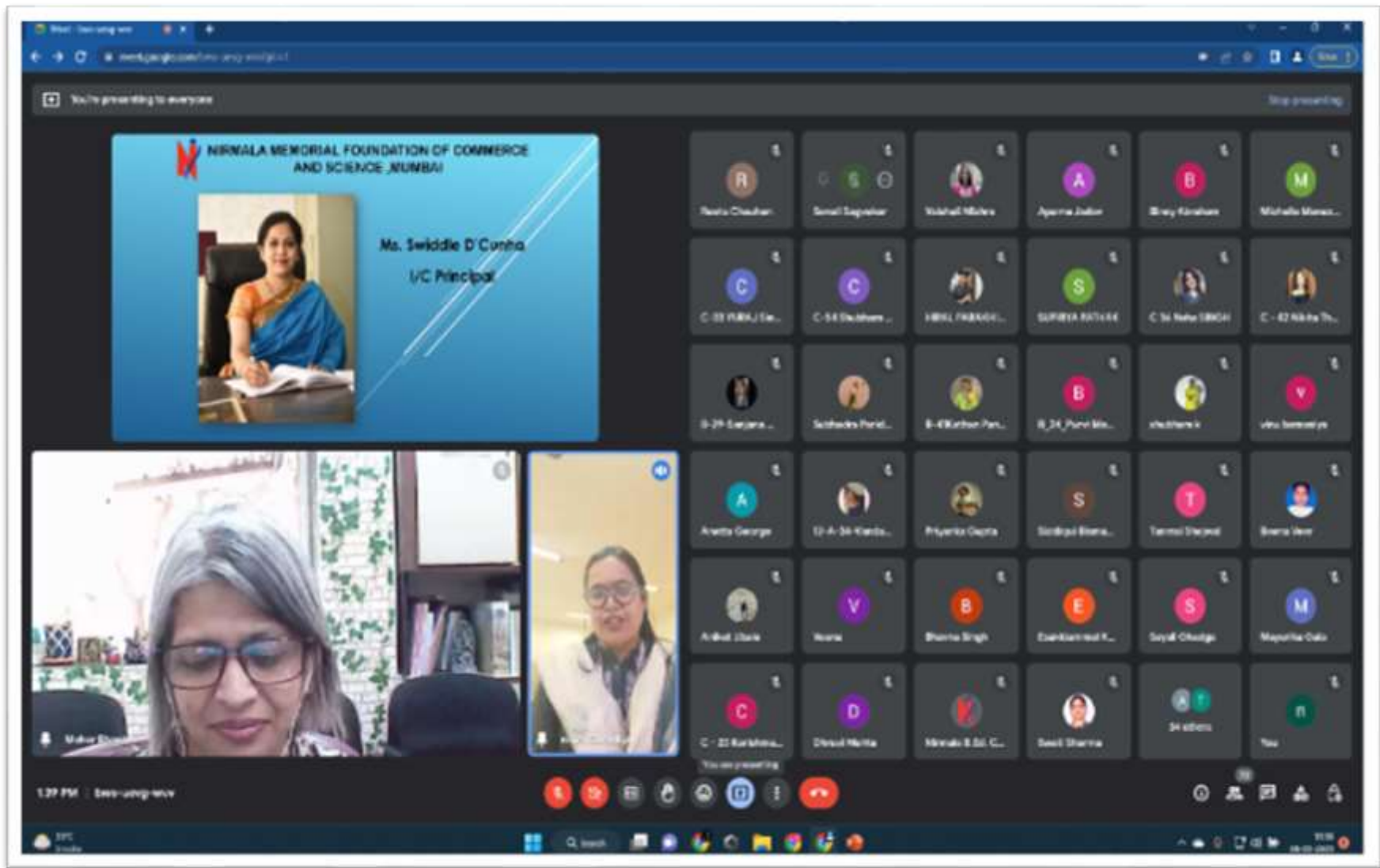
Exhibition by I am able NGO



Stall for Diya Selling and Decoration



Stalls during Sneha Milan



National Level Gender Sensitivity Programme (Panel Discussion)

NIRMALA MEMORIAL FOUNDATION COLLEGE OF COMMERCE AND SCIENCE
KANDIVALI (EAST) – MUMBAI - MAHARASHTRA



Food stall by DLLE Students



Plastic collection for Recycling



Workshop on Kitchen Gardening in Collaboration with Innerwheel Club